



Served from 11 am - 7 pm

## Salads & Flatbreads 6

Dressings: ranch, honey mustard, balsamic or Caesar  
Add chicken or tofu 2, Steak 3, Steelhead 5

### Classic Caesar Salad

Chopped romaine tossed with parmesan cheese, croutons and Caesar dressing

### Greek Salad

Chopped romaine, marinated mixed olives, cucumber, red onion, cherry tomatoes, crispy chickpeas, feta, hummus, tzatziki and pita chips

### Chop Salad

Chopped romaine tossed with cucumber, red onion, cherry tomatoes, avocado, hardboiled egg, gorgonzola cheese and bacon

### Cali-Style Flatbread

Naan flatbread with Sriracha aioli, bacon, spinach, red onion, cherry tomato, pepper-jack and mozzarella cheese topped with avocado and alfalfa sprouts

### Garlic Pesto Flatbread

Naan flatbread with a garlic pesto sauce, spinach, red onion, cherry tomato, feta & mozzarella cheeses, mixed olives and Mediterranean herb blend

## Sandwiches

Served with chips and choice of house, Caesar salad, soup of the day or fruit cup

### Rogue Valley Burger 8

baby iceberg lettuce, egg, heirloom tomatoes, gorgonzola cheese, applewood smoked bacon, blue cheese dressing, balsamic reduction

### Grilled 3 Cheese 5

Grilled 9-grain bread with cheddar, swiss and jack cheeses

### Turkey Croissant Club 8

Flaky croissant piled high with turkey, bacon, cheddar, tomato, avocado, alfalfa sprouts and mayo

# Sample Menu

## Entrées

Served with choice of house, Caesar salad, soup of the day or fruit cup

### Blackened Huckleberry Steelhead 11

Blackened steelhead drizzled with a tangy huckleberry vinaigrette, and topped with green onion; served with brown rice and mixed vegetables

### Chicken Cacciatore 8

Tender breast of chicken simmered in a marinara based sauce with mushrooms, onion, bell pepper, mixed olives and red wine; served with brown rice and mixed vegetables

### Vegetable Stir-Fry 6

Fresh mixed seasonal vegetables sautéed and tossed in a stir fry sauce served over brown rice  
Add chicken or tofu 2, steak 3, or steelhead 5

## Bowls & Pastas 6

Served with choice of house, Caesar salad, soup of the day or fruit cup  
Add chicken or tofu 2, Steak 3, Steelhead 5

### Burbon Bowl

Sautéed onion, mushrooms and bell pepper in a sweet bourbon sauce, served with brown rice and sautéed mixed vegetables

### Pad Thai Bowl

Rice noodles tossed with shredded carrot, green onion and pad Thai sauce topped with peanuts, fresh cilantro and lime wedge

### Pasta Milano

Cherry tomatoes, mushrooms, spinach and pappardelle pasta tossed with a garlic pesto sauce. Topped with shredded parmesan

### Hearty Marinara

A flavorful red sauce with chunks of tomato over a swirl of pappardelle pasta, topped with shredded parmesan

\*these items may be served raw or undercooked. consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness